

# Is it safe to bring an outdoor power bank to Sao Tome and Principe





#### **Overview**

How do I travel to Sao Tome & Principe?

If you decide to travel to Sao Tome and Principe: Enroll in the Smart Traveler Enrollment Program (STEP) to receive Alerts and make it easier to locate you in an emergency. Follow the Department of State on Facebook and X/Twitter. Review the Country Security Report for Sao Tome and Principe. Prepare a contingency plan for emergency situations.

Is Sao Tome and Principe safe?

Since Sao Tome and Principe is an overall safe country to be in, there are no areas that you should try to avoid at all or be careful in, other than the usual shady alleys, notorious neighborhoods, remote areas, and some of the city outskirts. Be careful though around beach areas, as most petty crimes occur in such places.

How do I prepare for an emergency in Sao Tome & Principe?

Enroll in the Smart Traveler Enrollment Program (STEP) to receive Alerts and make it easier to locate you in an emergency. Follow the Department of State on Facebook and X/Twitter. Review the Country Security Report for Sao Tome and Principe. Prepare a contingency plan for emergency situations. Review the Traveler's Checklist.

Are the streets in so Tomé paved?

The streets in the city of São Tomé are paved, but large potholes are common. Major roads outside of town are also paved, but often in bad repair; pedestrians, cyclists, motorcyclists, and animals can be a major hazard, and small landslides can also occur in rural areas after heavy rainfall.

How dangerous is so Tomé?

Sidewalks are rare. Avoid walking along roadways. Streets in São Tomé are paved but there are many large potholes. Roads outside the capital are paved



and in fair condition, but they are dangerous due to: Roads may be impassable during the rainy season. Some motorcycle drivers do not have driver's licenses and may not follow the rules of the road.



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#### <u>Ultimate Sao Tome and Principe Packing List:</u> <u>What To Pack In ...</u>

While the country is generally safe, it's always good to take precautions. Be mindful of food and water safety; it's best to stick to bottled water and avoid street food, ...

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Although there's no recent history of terrorism in São Tomé and Príncipe, attacks cannot be ruled out. Economic difficulties and political rows over the handling of investments in São

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## <u>SWIFT/BIC Codes for Banks in São Tomé and Príncipe</u>

The downside of international transfers with your bank When you send or receive money using your bank, you might lose out on a bad exchange rate and pay hidden fees as a result. That's ...

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#### Guide to São Tomé and Príncipe

Made up of two main islands, São Tomé and Príncipe offers the best of tropical paradise: long and deserted beaches fringed with palms and a

...







#### Central Bank of São Tomé and Príncipe

At independence in 1975, the government converted the local branch of the Portuguese colonial bank, Banco Nacional Ultramarino, into the National Bank of São Tomé and Príncipe, which ...

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#### SÃO TOMÉ AND PRINCIPE

It is recommended that you bring enough cash to last the whole trip however money can withdrawn using travellers cheques and visa cards from the main ...







#### Banks list in São Tomé and Príncipe, IBANAPI

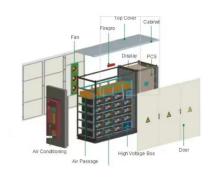
Banks IBAN list in São Tomé and Príncipe. The following list is all banks we can recognize and attach to each IBAN from São Tomé and Príncipe. This list is growing daily with help of you by ...



#### List of Banks in São Tomé and Príncipe

Central Bank of S& atilde;o Tom& eacute; and Pr& iacute;ncipe (Portuguese: Banco Central de S& atilde;o Tom& eacute; e Pr& iacute;ncipe) Oceanic Bank Banco Equador Banco ...

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#### Sao Tome & Principe

While Sao Tome is amongst the safest countries I have visited in Sub-saharan Africa and despite the poverty level, the risk of theft is not larger than in major Western citieis, you should still ...

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Is São Tomé and Príncipe safe for travelers? Here's our help, advice and support for planning a trip and traveling safely in São Tomé and Príncipe.

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# What to Do and Where to Stay in Sao Tome and Principe

Sao Tome is hands down one of the most surprisingly beautiful places we've visited. Before our arrival, we couldn't find much information on

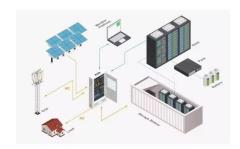


#### Safety and security

Although there's no recent history of terrorism in São Tomé and Príncipe, attacks cannot be ruled out. Economic difficulties and political rows over the handling of investments in São

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#### Sao Tome and Principe Travel Advisory

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It may be needed if you spend a lot of time outdoors. Clothing can also be treated at home in advance. (SPF 15 or greater) with UVA and UVB protection. See Sun Exposure. Wear for ...

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## Backpacking in São Tomé And Príncipe (2025 Guide)

São Tomé and Príncipe is generally safe for solo travelers, including women and LGBTQ+ individuals, but it's always wise to stay cautious. Violent crime is rare, but petty theft ...



#### Is It Safe to Travel to Sao Tome and Principe: A Guide to ...

Safety in São Tomé and Príncipe remains a moderate concern. While violent crime is rare, petty crimes like pickpocketing can occur in crowded areas. Exercise caution, ...

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#### Best time to go to São Tomé

The best time to visit São Tomé, taking into account the favorable weather, is generally in April and during the month of June. It is during these times of the year that the ...

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#### List of Banks in S o Tomé and Príncipe

The Global Brand Awards by Global Brands Magazine is an international awards program recognizing companies for excellence in innovation, branding, and performance across ...

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#### Is Sao Tome And Principe Safe To Travel

Traveling to Sao Tome and Principe will need you to know whether is Sao Tome and Principe Safe to Travel and this is now possible with the help of Tourist Visa Online that lets you know ...



## <u>Travel advice and advisories for Sao Tome and Principe</u>

Roads outside the capital are paved and in fair condition, but they are dangerous due to: Roads may be impassable during the rainy season. Some motorcycle drivers do not have driver's ...

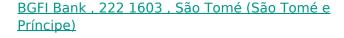
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#### Sao Tome and Principe; Definitive expat guide

Expat guide to Sao Tome and Principe, our handy guide to healthcare, education, settling in tips & local news to how to get your residency visa

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Você pode contatar a BGFI Bank por telefone usando o número 222 1603. A categoria principal da BGFI Bank é Bancos.

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#### Sao tome e principe

3 days ago· Welcome! Welcome to the exotic and beautiful islands of São Tomé and Principe. Like no other islands in the Atlantic Ocean, Sao Tome seems to ...



#### **Sao Tome and Principe**

Sao tome and principe Country Commercial Guide Learn about the market conditions, opportunities, regulations, and business conditions in sao tome and principe, ...

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#### Sao Tome & Príncipe travel advice

No travel can be guaranteed safe. Read all the advice in this guide. You may also find it helpful to: If you choose to travel, research your destinations and get appropriate travel ...

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